



face facts

SUMMER/FALL, 2019



From Dr. Daube ...

It is with extreme sadness that we announce the retirement of our longtime Aesthetician/RN **Donna Rizzuto**. Donna has been a valued member of our team for 17 years. She has been one of my "right hands" in surgery, and has built quite a following of her own with her skincare clients. We hate to see her go, but her grandchildren and travel have become new and well-earned priorities.

With that farewell, we now hail our new Licensed Medical Aesthetician **Melissa Goodson**. Melissa has lived in Bay County since 1993 and became licensed through Step Ahead Cosmetology School. In addition, she is a member of The American Society for Laser Medicine and Surgery. Her experience includes providing personalized consultations, skincare analysis, hair removal, dermaplaning, extractions, microdermabrasion, chemical peels, and make up, including facial application. You can make an appointment with Melissa by calling our office, Ext. 117.

Cosmetic Coordinator, **Kim O'Neal Guy**, will also assist you with any questions about our extensive line of services and cosmetic procedures.

The goal of Practice Manager **Tanya Koller** and the team is to strive for nothing less than excellence in all we do. Contact us today! (850) 784-7722

Daniel C. Daube, M.D.

For more news:
www.gulfcoastfacialplastics.com/sfnews

Where the Body and Face Transform Together!

Dr. Daniel Daube and Dr. Andrew McAllister announce a new concept in co-operative surgery.

the face, which saves time and money for the patient."

What happens when two well-trained doctors come together for the common good of the patient? The patient wins!

Surgeries will be done at a private, personal center: The Surgical Center of Excellence in Panama City. This approach to plastic surgery makes Drs. Daube and McAllister unique in the southeast United States.

*"We believe it was the right answer at the right time for the patient," Dr. Daube said. "We have one goal—to be able to create a total makeover of the face and body, **simultaneously!**"*

"We wanted to form a powerful and distinctive team," Dr. Daube said.

"We will be maximizing out time and talents, and at the same time, it's a smart strategy for the patient," Dr. McAllister added. "We wanted to create an experience where the patient requires only one surgery, with me concentrating on the body, and Dr. Daube focusing on

The final result? Patients will become more attractive, but have a practical approach to their personal goals by trusting the very capable surgical combination of Drs. Daube and McAllister. Consults provide patients with complete information from both physicians, allowing them to decide the course of action to take moving forward.



Dr. Andrew McAllister founded the **Coastal Plastic Surgery Institute** in 2012, and is a general plastic and reconstructive surgeon. He completed a general surgery residency at the SUMMA Health System in the Akron/Cleveland, Ohio area. During his surgical residency training, Dr. McAllister was honored with several awards, followed by completing a challenging fellowship in Plastic and Reconstructive Surgery at the Philadelphia College of Osteopathic Medicine. Dr. McAllister is highly respected for his accomplishments in breast reconstruction after mastectomy and a wide range of other cosmetic surgery procedures. See: www.coastalplasticsurgeryinstitute.com

Dr. Daniel Daube founded **Gulf Coast Facial Plastics** more than two decades ago. Dr. Daube graduated from the University of New Mexico's School of Medicine in the Top 10 percent of his class. In 1994, he received his Board Certification in Otolaryngology—Head and Neck Surgery. He is Fellowship Trained and Board Certified in Facial Plastics and Reconstructive Surgery from Louisiana State University. Dr. Daube is the region's only double board certified and fellowship-trained Facial Plastic Surgeon and Otolaryngologist in Northwest Florida, and has a reputation for providing the "Gold Standard" in facelifts and other aesthetic procedures. www.gulfcoastfacialplastics.com

STRING LIFT vs FACELIFT

The Gold Standard

A facelift procedure provides the maximum rejuvenation of the face. At Gulf Coast Facial Plastics, we prefer it to other options. As a matter of fact, we consider it the "Gold Standard" of all our surgical procedures to have the most lasting impact on your face.

Recently, a lot of different options have been promoted in our area. One such option is the String Lift, and while this is certainly a less invasive procedure, and there is a shorter recovery time, it is a temporary a solution with extra subtle results. Because it is temporary, the costs are much more affordable.

In our experience, we have found that if our facelift patients prefer the Gold Standard, and they are much more pleased with the outcome. A String Lift only lifts the face a few millimeters, whereas a facelift creates dramatic results by tightening the underlying musculature of the face, and removing excess skin.

More important, the Gold Standard facelift may last up to a decade, whereas String Lifts usually last from one to three years.

You are a good candidate for a facelift if you have any of the following conditions:

- Your face has a deep line, or fold, running from the corner of your nose to the corner of your mouth.
- You have jowls, or you no longer have a well-defined jaw line.
- You have deep wrinkles in the cheeks.
- You have loose skin, wrinkles, vertical "cord," or excess fatty tissue of the neck.

When considering a face lift, it's important to choose a surgeon who is an expert in FACIAL plastic surgery. Dr. Daube is the region's ONLY Board Certified AND Fellowship-trained facial plastic surgeon. Call us for a FREE consult.

A LASER Focus on our Aesthetic Program



Laser hair and tattoo removal services are provided, as well as in-office skincare programs.

Diode lasers remove small blood vessels, and are especially good for leg and facial vein removal.

YAG laser treatments are for non-invasive tightening of the skin. This technology is also used for tattoo removal, facial toning, and age spot removal.

Erbium laser is excellent for facial resurfacing.

Light Sheer laser is specified for hair removal.

CO2 laser is used to provide wrinkle treatments.

TRY NEWTOX NOW!

You've looked in the mirror and seen those pesky little wrinkles between your eyebrows that only seem to get worse! Technically speaking, they are called glabellar lines, more commonly known as "frown lines." Jueveau™ is an injectable treatment that works to temporarily improve the appearance of moderate-to-severe frown lines in adults.



How does Jueveau™ work?

This new injectable prevents your nerves from telling your facial muscles to flex. The result? In clinical trials, Jueveau™ was shown to temporarily improve the appearance of moderate to severe frown lines. In two, long-term safety studies, patients received an average of three treatments over the course of one year. The results were very satisfactory to the patients involved and compelling for the physicians.

Gulf Coast Facial Plastics is the first medical spa in Bay County to offer this incredible new injectable. Jueveau™ is made by Evolus, Inc., a performance beauty company with a customer-centric approach focused on delivering breakthrough products.



MICRO-NEEDLING:

The SECRET® to Aging Gracefully and Gradually

Uses for the face:

- Skin Firming
- Reduction in Pore Size
- Wrinkle Reduction
- Skin Revitalization
- Acne Scar Reduction
- Scar Improvement

Uses for the body:

- Scar Improvement
- Hyperhidrosis
- Stretch Marks



This advanced technology leads to less trauma to the surrounding skin, which results in minimal downtime than with traditional laser treatments. The Secret® is a reliable treatment that can be performed on all skin types.

How does the SECRET® RF work?

The combination of radio frequency and micro-needling induces collagen production and tightens elastin fibers. During your procedure, the tip of the SECRET® moves around the treatment area, while the micro-needles penetrate the skin and distribute the radio frequency into the targeted area. The depth of delivery will be adjusted depending on the condition of the skin and the goal for the procedure.

Is the treatment painful?

As with any procedure, there are different variations as to the level of discomfort experienced. This is also affected by the depth of the micro-needling selected.

How long does it take to recover after the treatment?

Redness and swelling of the treated areas may be experienced for a few hours, but can last up to three days. Most patients resume normal activity on the day of, or the day after, the procedure.

How many treatments will I need?

The average time between treatments is once every 3-4 weeks. Most patients see amazing results within 2-4 treatments. Treatments may vary according to your skin condition.

Contact our office to schedule a consult to see if you may be a good candidate for our micro-needling technology. (Ext. 130)

FrozenC FACIAL -

Too Cool

TO MISS OUT ON

The coolest NEW Aesthetic Experience! The FrozenC Facial is FDA cleared and offers many benefits for your skin to:

- Rejuvenate Collagen and Elastin • Shrink Pore Size
- Kill Bacteria and Significantly Improve Acne • Reduce the Appearance of Rosacea

The FrozenC Facial is the most refreshing experience with the coolest pre-and post-op inflammation pain reduction experience. Treatments are 5-10 minutes each, and 3-5 treatments are recommended.

We often combine the FrozenC Facial with our LightStim treatment to firm aged or tired skin, reduce the appearance of pore sizes, smooth texture, increase elasticity, and recapture your radiant glow. Or, add-on a Dermaplane Treatment to lightly exfoliate and remove dead skin cells and fine hairs on the face.



What Our Clients Are Saying

"The best ENT by far! Very courteous, professional office. I would recommend Dr. Daube to anyone that needs the services." Jeannette C. W.

"What a wonderful staff, and Dr. Daube is amazing! Go to the pros! So glad to have found their team! Thank you!" Carlie G.



"Dr. Daube has done several facial procedures for me. The best experience was when I had a recurrence of cancer on my nose, which had been surgically removed by another doctor. At that point, Dr. Daube did the (corrective) procedure and the results were beautiful!" -- Patient preferred to remain anonymous.

"Dr. Daube is amazing! I wouldn't trust just anyone to cut on my neck. The entire staff was helpful and caring. I recommend all of them." -- Doreen L.

"Words cannot adequately express the faith and trust I hold for Dr Daube and Dr Beggs. These two professionals exude confidence. They're caring, attentive, doctors ... and terrific listeners. Their surgical skills are absolutely impeccable. I had a choice ... Moffett Cancer Center or Gulf Coast Facial Plastics to surgically attend to my metastatic melanoma ... there was no 2nd guessing ... my choice - Dr Daube & Dr Beggs! Their attention to every detail was exacting! My surgery went off without a single hitch ... follow-up was timely ... results as desired ... clean and perfect. The supporting surgical staff is absolutely 1st rate. If you're THINKING about seeing one of these fine physicians ... go with confidence. Know that you will be in absolutely FANTASTIC hands! PERIOD!" -- Evan B.

Gulf Coast Facial Plastics & ENT Center



(850) 784-7722

www.gulfcoastfacialplastics.com

Two locations to serve you:

- 200 Doctors Drive
Panama City, FL 32405
- 1303 Mosley Drive
Lynn Haven, FL 32444

Download our
interactive
app today



CALL TODAY!
Private,
Professional,
and
Prompt Service.

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