



GULF COAST FACIAL PLASTICS

Where Art and Medicine Come Face to Face®

200 Doctors Drive, Panama City, FL 32405

1303 Mosley Drive, Lynn Haven, FL 32444

www.gulfcoastfacialplastics.com

Pre/Post-Operative Instructions for Lip Augmentation

- Apply ice to lips 2-3 times daily for the first 48 hours and keep head elevated.
- Lips will be swollen for 1-2 weeks.
- Lips will be tender, use sharp instruments such as forks carefully. You may find it necessary to cut food into small bites.
- Move and stretch lips as little as possible for one week. Avoid making extreme facial expressions for the first week.
- Clean sutures with peroxide & water solution as directed and keep lips moist by generously applying ointment.